Preheating: Characteristics and Constraints Pankaj Saha [pankaj@post.kek.jp<sup>⊠</sup>] based on 2412.17359 with Yuko Urakawa 2310.13060 and 2412.12287 with Yanou Cui and Evangelos I. Sfakianakis

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- A. Effects of local features in the inflationary potential on the preheating dynamics.
- B. Fragmentation of coherent scalar and their signatures.

#### Introduction What is Inflation?



- Inflation is a period of exponential expansion of the universe in a state of negative pressure. i.e.,  $\ddot{a} > 0$ ,
- The 'right amount of inflation' solves the 'horizon' and 'flatness' problems and provides the initial condition for hot big bang evolution.
- The quantum fluctuations in the inflaton generates the seed for large scale structures.

#### Inflation and scalar field

 A period of negative pressure is easily achieved with a scalar field.

$$\rho = \frac{1}{2}\dot{\phi}^2 + V(\phi); \quad p = \frac{1}{2}\dot{\phi}^2 - V(\phi)$$

Equations of motion

(Einstein Field Equations in FLRW background):

Friedmann and Raychaudhuri equation

$$\begin{split} H^2 &\equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{1}{3\mathrm{M}_\mathrm{p}^2}\rho = \frac{1}{3\mathrm{M}_\mathrm{p}^2} \left[\frac{1}{2}\dot{\phi}^2 + V(\phi)\right]\\ \dot{H} + H^2 &= \left(\frac{\ddot{a}}{a}\right) = -\frac{1}{6\mathrm{M}_\mathrm{p}^2} \left[\rho + 3p\right] \end{split}$$

$$\begin{split} \Delta N_{if} &= \ln \left( \frac{a_f}{a_i} \right) \\ &= \int_{\phi_i}^{\phi_f} \frac{1}{\sqrt{2\epsilon_V}} \frac{|d\phi|}{\mathrm{M}_{\mathrm{P}}} \end{split}$$

The amount of expansion ('efolds'):

- Klein-Gordon Equation  $\ddot{\phi} + 3H\dot{\phi} + V' = 0.$
- Slow-roll parameters:

$$\epsilon_V = \frac{M_p^2}{2} \left(\frac{V'}{V}\right)^2; \quad \eta_V = M_p^2 \frac{V''}{V}$$

# What is the shape of inflationary potential

- Any potential satisfying the slow-roll conditions can sustain inflationary Universe.
- Simple potentials:
  - Quadratic:  $\frac{1}{2}m^2\phi^2$
  - Quaratic:  $\frac{1}{4}\lambda\phi^4$
- Observations can rule-out the (piece-wise) shape of the potentials.
- Potentials with plateaus on the large field ranges are preferred observationally.



#### Inflationary observables

- Perturbation to the scalar field:  $\phi(\vec{x},t) = \phi_0(t) + \delta \phi(\vec{x},t)$
- Perturbation in the metric:

$$ds^{2} = a(\eta)^{2} \left[ -(1 + 2\Psi(x, \eta))d\eta^{2} + (1 - 2\Psi(x, \eta))d\vec{x}^{2} \right].$$

- The gauge-invariant combination-the curvature perturbation  $\mathcal{R} = \Psi + \frac{H}{\dot{\phi}_0} \delta \phi$
- We quantize the curvature perturbation (some suitable re-scaled quantity  $v \equiv z \mathcal{R}$ , with  $z = M_{\rm Pl} a \sqrt{2\epsilon_1}$ .)
- Similarly we quantize the (already gauge invariant) tensor perturbation  $h_{ij}$ .

#### Inflationary observables:

The Scalar spectrum (CMB anisotopic patterns) and the Tensor spectrum->The Gravitational waves (CMB B-mode).

$$\mathcal{P}_{\mathcal{R}} = \frac{1}{8\pi^2} \frac{1}{\epsilon} \frac{H^2}{M_{\rm Pl}^2} \bigg|_{k=aH} = A_s \left(\frac{k}{k_*}\right)^{n_s - 1}$$
$$\mathcal{P}_t = \frac{2}{\pi^2} \frac{H^2}{M_{\rm Pl}^2} \bigg|_{k=aH} = A_t \left(\frac{k}{k_*}\right)^{n_t};$$

- Spectral tilt  $n_s = 1 6\epsilon_V + 2\eta_V$
- Scalar-to-tensor ratio  $r = \frac{\mathcal{P}_t}{\mathcal{P}_{\mathcal{R}}} = 16\epsilon_V$



At the Planck pivot scale  $k_*$ 

- $A_s = (2.196 \pm 0.060) \times 10^{-9}$ .
- $n_s = 0.9649 \pm 0.0042$
- ▶  $r_{0.002} < 0.056$

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#### Potentials with features: rich phenomenology





[H. V. Ragavendra, PS, L. Sriramkumar and J. Silk 2021]

# Potentials with small-scale features: rich phenomenology?



# Reheating after Inflation



- The colossal expansion during inflation leaves the Universe in a state of void with all of the energy in the coherently oscillating inflaton.
- The Standard Big Bang requires a radiation dominated Universe at around 10 MeV.
- The inflation decay to produce other fields and we recover the radiation dominated universe.
- The reheating stage is episodic: The non-linear preheating phase and the perturbative reheating.

# Original Idea: Perturbative Reheating

- The "old" theory of reheating developed immediately after the idea of inflationary universe. (Abbott 1982, Dolgov 1982)
- Inflaton was considered as a collection of scalar particles each with a finite probability of decay.
- ► Inflaton decay to different channels depending upon the coupling  $\nu \sigma \phi \chi^2$ ,  $h \phi \bar{\psi} \psi$  (which associated tree-level decay-width that contributte to the total decay width  $\Gamma_{\text{tot}} = \Gamma_{\phi \to \chi \chi} + \Gamma_{\phi \to \bar{\psi} \psi}$ ).
- Reheating ends when  $H = \Gamma_{tot}$ .
- Reheating temperature:  $T_{\rm re} \simeq \sqrt{\Gamma_{\rm tot} M_{\rm Pl}} > 10$  MeV.

# Preheating after Inflation

#### Kofman, Linde, Starobinsky 1994, 1997

- After inflation, the homogeneous inflaton field oscillates coherently.
- Decays to other field depending upon their coupling to inflaton.

$$\mathcal{L} = \underbrace{\frac{1}{2}(\partial_{\mu}\phi)^{2} - V(\phi)}_{\text{Inflaton}} + \underbrace{\frac{1}{2}(\partial_{\mu}\chi)^{2} - \frac{1}{2}m_{\chi}^{2}\chi^{2}}_{\text{Scalar field}} - \underbrace{\frac{1}{2}g^{2}\phi^{2}\chi^{2}}_{\text{Interaction term}}$$
(1)

- Quantum particle production in the presence of time dependent classical background.
- The mode functions for scalar field  $(a^{6/(n+2)}\chi_k = X_k)$  satisfy Hill/Mathieu equation:

$$\ddot{X}_k + \omega_k^2 X_k = 0; \tag{2}$$

$$\omega_k^2 \equiv \frac{k^2}{a^2} + g^2 \phi^2 \tag{3}$$

The Hill/Mathieu equations

$$\ddot{X}_k + \left(\kappa^2 + q\phi(t)^2\right)X_k = 0$$

shows parametric growth depending upon the parameter  $(\kappa, q)$ .

#### Parametric Resonance

- The Mathieu/Hill has the solution:  $X_k \propto e^{\mu t}$ ,  $\mu$  is the Floquet co-efficient.
- The bands show the region in the (q,κ<sup>2</sup>) space where the solution will have exponential growth.





The produced quanta grow and back-reacts: shutting down preheating.

$$\ddot{\phi} + 3H\dot{\phi} + V_{\phi} + g^2 \langle \chi^2 \rangle \phi = 0, \tag{4}$$

$$\langle \chi^2 \rangle = \frac{1}{2\pi} \int dk k^2 |\chi_k|^2.$$
<sup>(5)</sup>

$$\ddot{\chi}_{k} + 3H\dot{\chi}_{k} + \left(\frac{k^{2}}{a^{2}} + g^{2}\phi_{0}^{2}(t)\right)\chi_{k} = -\frac{g^{2}\phi_{0}(t)}{(2\pi)^{3}}\int d^{3}k'\chi_{\mathbf{k}-\mathbf{k}'}\delta\phi_{\mathbf{k}'} -\frac{g^{2}}{(2\pi)^{3}}\int d^{3}k'd^{3}k''\chi_{\mathbf{k}-\mathbf{k}'+\mathbf{k}''}\delta\phi_{\mathbf{k}'}\delta\phi_{\mathbf{k}''}$$
(6)

The Hartree approximation corresponds to neglecting the scattering between Fourier modes.

# Preheating: Lattice Simulation

- The energy density of the universe just after inflation is in the form of homogeneous inflaton field.
- This energy starts decaying into fluctuations of the inflaton and other fields at the onset of preheating.
- The initial stage of preheating is marked by exponential growth of decay product due to resonance.
- The production of these highly inhomogeneous non-thermal products continues until back-reaction effects renders the preheating inefficient.
- The system is highly non-linear and we have to resort to numerical schemes. Also, the effects of back-reaction can be incorporated numerically.

# Fragmentation of coherent scalar source GWs

- The scattering of the classical inhomogeneities from coherent scalar fragmentation lead to Gravitational waves.
- Add complementary channel to other sources (inflationary GWs, GWs from PT).

#### □ Observed frequency depends on the typical Hubble

 $f_{\rm peak} \propto \sqrt{H} \propto \sqrt{m_{\rm Scalar}}$ 

[Easther, Giblin, Jr., and Lim 2007]



Gravitational Waves in Lattice

The EoMs

$$\begin{split} \ddot{\phi} &+ 3H\dot{\phi} - \frac{1}{a^2}\nabla^2\phi + \frac{\partial V}{\partial\phi} = 0, \\ \ddot{\chi} &+ 3H\dot{\chi} - \frac{1}{a^2}\nabla^2\chi + \frac{\partial V}{\partial\chi} = 0, \\ H^2 &= \frac{1}{3M_{\rm Pl}^2} \left(V + \frac{1}{2}\dot{\phi}^2 + \frac{1}{2}\dot{\chi}^2 + \frac{1}{2a^2}|\nabla\phi|^2 + \frac{1}{2a^2}|\nabla\chi|^2\right), \end{split}$$

□ Gravitational waves being transverse and traceless (TT) part of the metric perturbation in the synchronous gauge sourced by TT-part of the anisotropic stress of the scalar fields  $(\Pi_{ij} = \sum_a \partial f_i^{(a)} \partial f_j^{(a)}])$ 

$$\ddot{h}_{ij} + 3H\dot{h}_{ij} - \frac{1}{a^2}\nabla^2 h_{ij} = \frac{2}{M_{\rm Pl}^2 a^2} \Pi_{ij}^{\rm TT}$$

#### The observed GWs spectrum today:

□ The GW energy density is given by

$$\rho_{\rm GW}(t) = \frac{M_{\rm Pl}^2}{4} \langle \dot{h}_{ij}(\mathbf{x}, t) \dot{h}_{ij}(\mathbf{x}, t) \rangle_{\mathcal{V}}, \qquad (7)$$

□ The spectrum of the energy density of GWs (per logarithmic momentum interval) observable today:

$$\Omega_{\rm GW,0}h^2 = \frac{h^2}{\rho_{\rm crit}} \frac{d\rho_{\rm GW}}{d\ln k} \bigg|_{t=t_0} = \frac{h^2}{\rho_{\rm crit}} \frac{d\rho_{\rm GW}}{d\ln k} \bigg|_{t=t_e} \frac{a_e^4 \rho_e}{a_0^4 \rho_{\rm crit,0}}$$
$$= \Omega_{\rm rad,0}h^2 \Omega_{\rm GW,e} \left(\frac{a_e}{a_*}\right)^{1-3w} \left(\frac{g_*}{g_0}\right)^{-1/3}, \tag{8}$$

 $\Box$  The observed frequency corresponding to a wave vector k is

$$f = 1.32 \times 10^{10} \frac{k}{\sqrt{M_{\rm Pl}H_e}}$$
(9)

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# Summary of preheating

A. Behavior of the EOS parameter.

A typical scalar potential around the minima can be described by a simple power-law behavior  $V(\phi) \propto \phi^n$ . The EOS for preheating for a system dominated by such a scalar field shows the following pattern:

- (i) At the initial stage of coherent oscillation of the scalar condensate, the effective oscillation averaged EOS is w = (n-2)/(n+2) [Mukhanov 2005].
- (ii) For scalar field models with  $n \ge 3$ ,  $w \to 1/3$  irrespective of the coupling [Lozanov 2016h,Lozanov 2017,Maity 2018].
- (iii) For quadratic models with four-legged interactions, EoS initially increases from zero, reaching a maximum of around  $w \sim 0.3$ , and eventually falls back to zero. If we consider a trilinear interaction, the EOS, on the contrary, jumps to a plateau value and keeps a constant value [Dufaux 2006]. However, the EOS never reaches the radiation EOS after preheating.

Evolution of EOS during preheating: Long-time simulation



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# Summary of preheating

B. Other general characteristics

- (i) Consists of three distinct phases:
  - 1. Parametric Resonance,
  - 2. Non-linear phase and back-reaction.
  - 3. Saturation.
- (ii) The final-stage is likely described by perturbative reheating.
- (iii) Source high-frequency GWs from classical inhomogeneities.

# Preheating with potential features

What type of features will be helpful for us: Some observations

- 1. Preheating is really a small-scale phenomena. The amplitude reduces to 1/10 of its initial amplitude just after the first oscillation.
- 2. Preheating with potential terms higher than  $\phi^2$  is 'better'.
- 3. We should not change the potential before the end of inflation.
- 4. As the inflaton amplitude is decreasing, the features should be in a place such that their effect is imprinted on preheating for sufficient duration.

#### Preheating with potential features

• We take the base  $m^2\phi^2$  potential with Gaussian steps/bumps at  $\pm\phi_S$ 

$$V(\phi) = V_0(\phi) \left( 1 + \sum_i \delta_i(\phi) \right)$$

$$V(\phi) = \frac{1}{2}m^2\phi^2\left(1 + h\exp\left(-\frac{1}{2}\frac{(\phi - \phi_S)^2}{\sigma^2}\right) + h\exp\left(-\frac{1}{2}\frac{(\phi + \phi_S)^2}{\sigma^2}\right)\right),$$
$$= \frac{1}{2}m^2\phi^2\left(1 + 2h\exp\left(-\frac{1}{2}\frac{\phi^2 + \phi_S^2}{\sigma^2}\right)\cosh\left(\frac{\phi_S}{\sigma^2}\right)\right)$$

• Emergent higher-power terms at small field values modify the preheating dynamics without altering the model prediction on CMB Scales.

### Emergent higher-power terms

- There emerges higher-power terms  $V(\phi) > |\phi|^2$ .
- The effective mass decreases for dip terms (helping energy dilution for the inflaton component).





# Self-Resonance improves the overall preheating

• Due to the emergent higher-power terms, there is self-resonance in the  $\phi\text{-sector.}$ 



# Inflaton amplitude

• Large inflaton amplitude as we decreases h make the interaction  $g^2 \phi^2 \chi^2$  last longer.



Fig: Inflaton amplitude from back-ground solution (left) and full-numeric solution for h (from blue, green, black, red and cyan for h = -0.815, -0.5, 0.0, 0.4, and -0.815, respectively).

- Evolution of the EoS after inflation with  $m^2\phi^2$ -inflation.
- Moving the steps closer to the minima will stabilize the EoS.
- Trilinear interaction ( $\phi \chi^2$ ) can also stabilize the EOS.



Improved energy-transfer with features



# Self-resonance after quadratic inflation

#### High frequency GWs

- The initial phase of the preheating will be identical to the base case, the χ sector initially drives the resonance in all cases, reflected in the initial growth of the ratio.
- The production of δφ due to rescattering from χ particles via processes such as χ<sub>k</sub>χ<sub>k</sub> → δφ<sub>k</sub>δφ<sub>k</sub> lowers this ratio.
- The rescattering of  $\chi$  particles against the inflaton zero modes,  $\chi_k \phi_0 \rightarrow \chi_k \delta \phi_k$ , also effectively produces both  $\delta \phi_k$  and  $\chi$  particles, which again increases the ratio.
- This ratio starts to fall when the back reaction kicks in.
- The additional growth of  $\delta\phi$  fluctuations due to self-resonance for the cases with  $h \neq 0$  keeps the ratio close to one for a longer duration.



# Self-resonance after quadratic inflation with features

• Preheating can happen through self-resonance even if the inflationary potential is quadratic.



### How to probe these features? High frequency GWs

- The amplitude of produced GWs is substantial  $\approx 10^{-10}$ .
- The required strain sensitivity needed to detect a signal of fixed amplitude scales as cube of the frequency, leading to tremendous technological challenges.



#### How to probe these features? High frequency GWs detectors?



# How to probe these features?

#### High frequency GWs detectors?



### How to probe these features?

Contribution to the effective number of relativistic d.o.f

- The produced GWs in this phase are sub-hubble; consequently, their contribution to the energy density scales as radiation [Caprini 2018]. We assume that SGWB accounts for this additional d.o.f at the time of decoupling.
- We define the deviation of the effective number of relativistic d.o.f from the Standard Model:  $\Delta N_{\rm eff} = N_{\rm eff} N_{\rm eff,SM}.$

$$\frac{h_0^2 \Omega_{\rm GW,0}}{h_0^2 \Omega_{\gamma,0}} = \frac{7}{8} \left(\frac{4}{11}\right)^{4/3} \Delta N_{\rm eff},$$
(10)





- Preheating is really (very) small-scale phenomena.
- Preheating is possible solely due to these features irrespective of the shape at CMB scales or interaction to other fields *the Potential Surge Preheating*.
- Such features through their signatures in GWS,  $\Delta N_{\rm eff}$ , (anything else?) will help us to reconstruct the full shape of the inflaton potential.

# B. Many faces of Parametric Resonance

- B.1: Resonance from ultra-light spectator scalar, all dark matter and nHz GWs signal.
- B.2: Resonance from complex spectator scalar and baryogenesis.

#### B1. Resonance in the spectator scalar

□ Simple renormalizable (spectator) scalars:

Model A: 
$$V = \frac{m_{\phi}^2}{2}\phi^2 + \frac{g}{2}\phi^2\chi^2$$
, (11)

Model B: 
$$V = \frac{m_{\phi}^2}{2}\phi^2 + \frac{\lambda_{\chi}}{4}\chi^4 + \frac{\sigma}{2}\phi\chi^2, \qquad (12)$$

Model C: 
$$V = \frac{\lambda}{4}\phi^4$$
, (13)

Model D: 
$$V = \frac{\lambda}{4}\phi^4 + \frac{g}{2}\phi^2\chi^2,$$
 (14)

Solve the system of equations including the tensor perturbations equations for GWs in a Radiation-dominated universe.

#### Isocurvature bound

- The fluctuations in spectators are uncorrelated with the density perturbations, leading to isocurvature perturbations.
- The spectrum for the massive and massless scalar are:

$$\mathcal{P}_S \sim \left(\frac{m_\phi}{H_I}\right)^2; \qquad \mathcal{P}_S \sim \sqrt{\lambda_\phi}.$$

- CMB data restricts the amount of isocurvature perturbations as:  $\mathcal{P}_S \lesssim 0.04 \mathcal{P}_\zeta$
- Our model parameters are thus restricted to:  $m_\phi \lesssim 10^{-5} H_I$  and  $\lambda_\phi \lesssim 10^{-20}$ .

## GWs across many decades of frequency



Figure: The Produced GWs spectrum for different mass of the spectator and when the scalar component corresponds to 1% and 10% of the total energy density of the Universe. [Yanou Cui, PS, and Evangelos I. Sfakianakis Phys.Rev.Lett.133,021004(2024)]

#### Complementary searches

Dark matter and Dark Radiation

**The relic abundance** of  $\phi$  particles:

$$\Omega_{\phi,0} \equiv \frac{\rho_{\phi},0}{\rho_{\text{tot},0}} = \frac{\frac{1}{2}m_{\phi}^2\phi_{\text{end}}^2}{3M_{\text{Pl}}^2H_0^2}\frac{g_{*,0}}{g_{*,\text{end}}}\left(\frac{T_0}{T_{\text{end}}}\right)^3$$
(15)

□ GWs contribution (amplitude  $\approx 10^{-9}$ ) to new relativistic degrees of freedom is negligible.

$$\frac{\Omega_{\rm GW,0}h^2}{\Omega_{\gamma,0}h^2} = \frac{7}{8} \left(\frac{4}{11}\right)^{4/3} \Delta N_{\rm eff} \tag{16}$$

 $\square$  The 'massless' components can act as non-thermally produced dark radiation and will lead to additional contributions to  $\Delta N_{\rm eff}$ 

$$\Delta N_{\text{eff}} = \frac{\hat{g}_* \hat{T}^4}{\frac{7}{4} T^4} = \frac{4}{7} \alpha \xi \hat{g}_* \left(\frac{g_*}{\hat{g}_*}\right)^{4/3} \left(\frac{\hat{g}_{*,\text{osc}}}{g_{*,\text{osc}}}\right)^{1/3}.$$
 (17)

### The spectator scalar as all of dark matter and NANOGrav



Take home message: There may be a spectator scalar that accounts all the DM of the Universe and has just imprinted its signature in the NANOGrav and other PTA detectors.

# B2. Parametric Resonance with a Complex Scalar and Affleck-Dine baryogenesis

• We consider a complex scalar field  $\Phi$  (SM gauge singlet) with canonical kinetic terms, Einstein gravity and a simple renormalizable polynomial potential:

$$V(\Phi) = \lambda_{\Phi} |\Phi|^4 + m_{\phi}^2 |\Phi|^2 - A(\Phi^n + \Phi_*^n)$$
(18)

- For  $n \ge 4$ , the asymmetry is generated at high-scales (earlier), while for n = 2, the asymmetry is generated at the when the oscillation is determined by the quadratic term. The oscillation averaged asymmetry is just sufficient to satisfy the observational value. [Llyod-Stubbs & J. Macdonald 2020, ibid 2022]
- $\bullet\,$  The real and imaginary components of  $\Phi,$  satisfies:

$$\ddot{\phi}_{\rm R} + 3H\dot{\phi}_{\rm R} + m_R^2\phi_R + \lambda_\phi(\phi_R^2 + \phi_I^2)\phi_R = 0,$$
(19)

$$\ddot{\phi}_{I} + 3H\dot{\phi}_{I} + m_{I}^{2}\phi_{I} + \lambda_{\Phi}(\phi_{R}^{2} + \phi_{I}^{2})\phi_{I} = 0,$$
(20)

• The field remains frozen at  $\phi_{\rm in}$  and it starts rolling/oscillating when  $H = H_{\rm osc} \simeq \sqrt{V_{,|\Phi|}/|\Phi|}$ . The oscillation is initially dominated by  $\Phi^4$  term.

- When the amplitude drops to When the amplitude drops below  $|\Phi_*| = m_{\Phi}/\sqrt{\lambda_{\Phi}}$  at t=  $t_*$ , the oscillation is dominated by quadratic terms.
- The co-moving baryon asymmetry generated during the time  $t > t_*$

$$\left(\frac{a(t)}{a_{\rm in}}\right)^3 n_B(t) \simeq 4A\phi_{\rm R,in}\phi_{\rm I,in} \left(\frac{\phi_{\rm in}}{\phi_*}\right) \times \int_{t_*}^t dt' \cos\left(m_{\rm R}(t'-t_*)\right) \sin\left(m_{\rm I}(t'-t_*)\right) e^{-\Gamma_{\Phi}(t'-t_*)}, \qquad (21)$$

• Evaluating the above integral for  $t\to\infty$  and factoring in the expansion during the RD Universe, we express  $n_B/s$  as

$$\frac{n_B}{s} = \begin{cases} \left(\frac{4\alpha^3}{\lambda_\Phi k_{T_d}^6}\right)^{1/4} \epsilon_\Phi \frac{m_\Phi M_{\rm Pl}}{T_d^2} \sin(2\theta); & \gamma_\Phi \gg 2\epsilon_\Phi\\ \left(\frac{\alpha^3 k_{T_d}^2}{64\lambda_\Phi}\right)^{1/4} \frac{1}{\epsilon_\Phi} \frac{T_d^2}{m_\Phi M_{\rm Pl}} \sin(2\theta); & \gamma_\Phi \ll 2\epsilon_\Phi \end{cases}$$
(22)



The maximum baryon-to-photon ratio n<sub>B</sub>/s|<sub>max</sub> = n<sub>Φ</sub>/s (neglecting possible washout and the sphaleron factor) for three different masses of the scalar field as a function of the temperature T<sub>d</sub> of the Φ decay.



► GW spectrum originating from the AD model for same three benchmark masses of Φ as the last figure

# Outlook

- Simple models can lead to successful baryogenesis while sourcing detectable GW signals with a peak frequency of O(10-100) Hz, within reach of experiments such as ET and CE.
- The characteristic new physics scale, characterized by  $m_{\Phi}$ , intriguingly lies in the range of  $\mathcal{O}(0.1-10)$  GeV, while the transfer of the  $\Phi$ asymmetry to the SM B- or L-asymmetry requires interactions between the new physics sector and the SM states. Hence, from this well-motivated scenario, a new, natural complementarity arises between SGWB detection and laboratory searches for new particle physics across the energy, intensity, and neutrino frontiers.
- The specifics of the complementary laboratory signal depend on the details of the asymmetry transfer mechanism.
- Many other complementary searches possible...

